

## VBS 2020 CHILDREN'S RECREATION ROTATION CONFERENCE PLAN (50 MINUTES)

### Purpose Statement

This conference plan is designed to train and equip VBS directors and church leaders on how to have a successful recreation rotation for their VBS.

### Needed Resources

- *VBS 2020 Recreation Rotation Leader Cards*
- *VBS 2020 Tablecloth*
- *VBS 2020 Supersized Backdrop*
- *VBS 2020 String Flags*
- *VBS 2020 Decorating Made Easy*
- Item 1: "Handout" — Copy one per conferee.
- 10 cardboard blocks/bricks — Print the following statements onto 5 of the blocks/bricks. Use the additional five blocks for decorations or other tips mentioned from the conferees.
  - #1 Be Prepared
  - #2 Keep Rules Simple and Short
  - #3 Interact with the Kids
  - #4 Designate a "Cool Down" area
  - #5 Pray
- Supplies to play the following games as listed on the recreation cards:
  - Day 1: Manhole Cover Hop
  - Day 2: Road Construction
  - Day 3: Safety Relay Race; Construction Cone Ring Toss
  - Day 4: Roll the Stone Away
  - Day 5: Measure Up Broad Jump
- *VBS 2020 Music for Kids CD*
- CD player

### Room Setup

Arrange chairs in a horseshoe shape around the room, keeping the center open and free of chairs for playing games. Place a handout (Item 1) in each chair. Decorate the room using ideas found in the *VBS 2020 Decorating Made Easy* guide for Wrecking Ball Rec. Hang the *VBS 2020 Supersized Backdrop* on the focal wall. Cover a table with a *VBS 2020 Tablecloth* and display the *VBS 2020 Recreation Rotation Leader Cards*, recreation supplies, and other tabletop decorations (ex. orange athletic cones with white tape). Drape *VBS 2020 String Flags* across the doorway.

### Teaching Steps

#### 1. Welcome (5 minutes)

- Welcome conferees to Wrecking Ball Rec. Mention that when children rotate to recreation, they will continue to build on the foundation being constructed at VBS! Each day includes several recreation games to choose from to reinforce each day's Bible study content.
- Say: "All of the games in the rec cards have been kid-tested and kid-approved so your kids are sure to love any game you pick!"
- Get to know your construction workers (conferees). Lead conferees to play the Day 1 game: "Manhole Cover Hop."
- After playing the game, lead conferees to quickly introduce themselves to their groups.

**2. Blueprints for Wrecking Ball Rec** (5 minutes)

- Display the *VBS 2020 Recreation Rotation Leader Cards*. Walk through the features of the recreation card set.
  - Front of Card:
    - Day 1 (2–5) & Name of Games
    - Lesson Title
    - Bible Story and Scripture Reference
    - Bible Verse
    - Point (Main point of each day)
  - Back of Card
    - Name of Game
    - Materials Needed
    - Instructions for the game

**3. Brick by Brick: How Recreation Shapes Learning** (5 minutes)

- Remind conferees that rec time can be teaching time; not just play time; not break time from the kids.
- Invite conferees to fill in the blanks on their handout (Item 1) as you talk through each point.
  - Utilize moments of **transition** to ask review questions from the daily Bible content.
  - Play VBS music to **reinforce** what kids are learning.
  - Recite **Philippians 1:6** often.
  - Share the **gospel** during recreation.
  - Build **relationships** with the kids.
  - Keep language **simple**.
  - Share your own **testimony**.
  - Learn through **play!**
  - **Pray** with the kids!

**4. Dig In: Let's Play** (20 minutes)

- Review each day's games (listed for conferees on their handout). Lead the group to play one game from each day, according to the instructions on the recreation cards.
  - Day 1: Ballistic Blueprint
  - Day 2: Road Construction
  - Day 3: Safety Relay Race
  - Day 4: Roll the Stone Away
  - Day 5: Measure Up Broad Jump
- Ask the conferees which games they liked and how they might modify the games for small and large groups.

**5. Optional Recreation Games: Water Games & Tabletop Games** (10 minutes)

- Explain that the rec cards also include options to participate in water games and tabletop games.
- From two groups. Assign one group to "Water Games" and the other to "Tabletop Games."
- Distribute the water games cards and the tabletop games cards to each group.
- Allow each group time to discuss their assigned games and present a brief summary to the entire group.

**6. Tools for Your Recreation Toolbelt: Recreation Tips (5 minutes)**

- Lead 5 volunteers to each pick one building block from the brick wall and read the tip to the group.
- Elaborate on each tip as needed. Encourage conferees to remember these tips for their recreation tool belt.
  - 1. Be Prepared**
    - How many kids will be participating?
    - Have a backup plan for when kids begin to lose interest; indoor/outdoor options for weather. Remember Murphy's Law: "Whatever can go wrong, will go wrong."
    - Recruit help.
  - 2. Keep Rules Simple and Short**
    - Enforce the rules of the game.
    - Be discreet when correcting behavior.
    - Remind kids that the goal is to have fun.
  - 3. Interact with the Kids**
    - Kids love it when adults are involved in the activities with them.
    - Encourage, affirm, and congratulate kids.
    - Stay focused on the kids ... it's easy to get distracted.
  - 4. Designate a "Cool Down" Area**
    - Utilize a cool down area when kids get too competitive or exhibit bad behavior.
    - A cool down area gives time for brief rest periods, if needed.
  - 5. Pray**
    - Pray as you recruit recreation helpers.
    - Pray as you plan and prepare.
    - Pray with kids at recreation.
- If time allows, ask conferees for other recreation tips that have worked for them.

**7. Prayer & Dismiss (2 minutes)**

- Thank conferees for attending.
- Close in prayer.

# WRECKING BALL REC

## BRICK BY BRICK: How Recreation Shapes Learning (5 minutes)

- Utilize moments of \_\_\_\_\_ to review the daily Bible content.
- Play VBS music to \_\_\_\_\_ what kids are learning.
- Recite \_\_\_\_\_ often.
- Share the \_\_\_\_\_ during recreation.
- Build \_\_\_\_\_ with the kids.
- Keep language \_\_\_\_\_.
- Share your own \_\_\_\_\_.
- Learn through \_\_\_\_\_!
- \_\_\_\_\_ with the kids!

## RECREATION GAMES

### Day 1: Taxing Coin Drop

Ballistic Blueprint  
Manhole Cover Hop

### Day 2: Road Construction

Wrecking Ball  
Everybody's It

### Day 3: Sleeping Disciples Freeze Tag

Safety Relay Race  
Construction Cone Ring Toss

### Day 4: Roll the Stone Away

Foreman Says  
Bulldozer

### Day 5: Build Wise High-Rise

Construction Rubble Clean Up  
Measure Up Broad Jump

### Optional Water Games:

Leaky Pipes; Buckets and Cranes; Wrecking Ball Water Pinata; Construction Cone Catch

### Optional Tabletop Games:

Tool Time; Steady Stacker; Blueprint Challenge; Construction Cone Cooperation Challenge; Washer Toss; Nuts and Bolts

### RECREATION TIPS:

#1. \_\_\_\_\_

#2. \_\_\_\_\_

#3. \_\_\_\_\_

#4. \_\_\_\_\_

#5. \_\_\_\_\_